

Self-Exclusion Programs - Internet Controls & Web Blocking Software - Verizon Family Plus

****Resource For the Gambler and Loved Ones**

- Self-Exclusion Programs - Internet Controls & Web Blocking Software

Self-Exclusion Internet Controls & Web Blocking Software such as **BetBlocker**, **Gamban**, **Gamblock**, and **Gambling Block** can also be a powerful tool for those that gamble on the Internet and would like to block the ability to access gambling sites, track and control Internet usage, or restrict access at specific times. Like self-exclusion, web-based exclusion programs allow users to “ban” themselves from being able to gamble online. There are free options as well as paid options, and this resource allows users to continue to utilize their computer for work and leisure but attempts to reduce the temptation to gamble as a result of pop up gambling site advertisements that would otherwise appear without the program. Many offer valuable tools such as the ability to track internet usage and even device location. A great feature of some web blocking software is that once installed, if the user tries to remove the program from their device, a prompt appears showing a map of available problem gambling resources in their area (such as the 888-ADMIT-IT HelpLine). There are also child protection websites such as, **Net Nanny**, **Cybersitter**, **Norton Family**, **Netsweeper**, **OpenDNS**, and **Qustodio** available, to help prevent underage access to online gambling. **Freedom** is an app and website blocker designed to improve focus and productivity by temporarily blocking distracting websites and apps (including gambling websites and apps) across multiple devices. Additionally, family features and apps offered by wireless service providers such as **Verizon Family Plus**, the **AT&T Secure Family® App**, and **T-Mobile’s FamilyMode® App**, offer the ability for their customers to block gambling apps and websites in addition to other sensitive content.

Some of the FCCG’s Self-Exclusion Internet Controls and Web blocking Software Program Referrals include the following:

➤ **Verizon Family Plus**

- ✓ **Verizon Family Plus** offers parental controls to block access to (or get alerts for access to) sensitive content including gambling and other sensitive topics for your family members' compatible devices. With Verizon Family Plus, you can use content filtering to block all websites and apps in a variety of content categories, including gambling websites and apps. You may also enter the URL of any online entity featuring content you don't want your dependent to view. Doing so will also block this content from any related apps. All online activity will be available in the Web & App Activity* view, including while your dependent is on Wi-Fi. Additional features include call and text activity limiting and monitoring, web and app activity monitoring, screen time supervision, the ability to “pause the internet”, location monitoring with alerts and pick-me-up and check-in features, “Safe Walk with SOS”, driving insights for family, and roadside assistance. Your Verizon Smart Family account can be used to manage all compatible devices on the same Verizon mobile account. You can add Verizon Family Plus for \$14.99 per account.

Can I see my dependent’s web and activity for the day?

Web & App Activity is available with Verizon Family Plus.* You see a graph that shows:

- General categories of content, such as social media, games or videos, and a ratio for how much your dependent engages in each category.
- A breakdown of which websites and apps they used within those categories and how much time spent on each individual website or app.

Can I receive alerts about my dependent's web or app activity?

You'll be informed* of any noteworthy events by push notification. This includes:

- Visits to an objectionable website**
- Device usage during school hours
- Device usage during nighttime hours

Note: You can turn off all alerts regarding noteworthy events in your settings or specific alerts you don't want to receive in the Noteworthy events tab under each dependent's profile.

Who is eligible to get Verizon Family?

You can get Verizon Family Plus if you have:

- A standard postpaid monthly Verizon mobile account with 10 or fewer lines
- An Android smartphone (7.0 and newer) or iOS (15.0 or newer)
- An Android tablet (7.0 and newer)
- An Apple iPad (15.0 or newer)

To check your eligibility, go to the Services & perks page in My Verizon. If Verizon Family is listed there, you can sign up for it.

Good to know: Business and prepaid accounts aren't eligible to get Verizon Family.

Website: <https://www.verizon.com/solutions-and-services/add-ons/safety/verizon-family-parental-control-monitoring-app/>

Phone (Existing Customers): 1-800-922-0204

Phone (New Customers): 1-800-225-5499